

Basic after care instructions for Cartilage Piercing

Information Provided by Tanks Tattoos
This document is not intended as medical advice,
consult this information with your tattoo provider.

1. New piercings should only be handled with freshly washed hands.
2. You may use piercing after (ear) care solution, Bactine, or H2Ocean piercing after care spray.
 - a. Piercing care solution or Bactine 2 times per day for 2-3 weeks, then as needed.
 - i. Soak q-tip end with solution and place on jewelry to loosen crusted matter.
 - ii. After crusted matter has softened, use the other end of the q-tip to remove remaining crusted matter.
 - iii. Rinse jewelry with saline or cleaning solution.
 1. Do **not** clean more than twice per day with either one of these solutions.
 - b. H2Ocean © piercing after care spray
 - i. Follow manufacturer's recommended usage for after care.

*If cartilage is pierced with barbell:

- a. Push jewelry up gently to clean bar (after crusted matter is removed). Then push down gently to clean the other end of the bar.

*If pierced with a hoop;

- a. Clean jewelry thoroughly then rotate to clean entire ring.

3. Cartilage piercings sometimes develop a bump around the entrance or exit holes. If this occurs, use a warm compress for 15-30 minutes 3-4 times per day, until bump is gone.
4. Body fluids team with bacteria; keep them out of your new piercing.
5. Avoid bodies of water such as; pools, lakes, oceans, rivers, and hot tubs until piercing is healed.
6. Keep hairspray, make-up, facial cleanser, body gels, body fluids, etc. away from new piercing.

DO NOT REMOVE JEWELRY DURING THE HEALING PROCESS.

- Cartilage piercings initially heal in 2-3 months. After this period, temporary removal may be possible.
- Permanent healing may not occur for 2-3 years.

When it comes time to change your jewelry (after 2-3 months), be sure to purchase a high quality piece of jewelry that is appropriate for your piercing.

The better you take care of your body, the faster and better you will heal. Remember: after the healing is complete, cleaning your jewelry with soap and water is an on-going process.

If you have any questions, concerns, or problems please stop in, email us (tankstat2@hotmail.com), or call us (218-498-2600) immediately.

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