

# Basic after care instructions for Ear Lobe Piercing

**Information Provided by Tanks Tattoos**  
**This document is not intended as medical advice,**  
**consult this information with your tattoo provider.**

1. New piercings should only be handled with freshly washed hands.
2. You may use piercing after (ear) care solution, Bactine, or H2Ocean piercing after care spray.
  - a. Piercing care solution or Bactine 2 times per day for 2-3 weeks, then as needed.
    - i. Soak q-tip end with solution and place on jewelry to loosen crusted matter.
    - ii. After crusted matter has softened, use the other end of the q-tip to remove remaining crusted matter.
    - iii. Rinse jewelry with saline or cleaning solution.
      1. Do **not** clean more than twice per day with either one of these solutions.
  - b. H2Ocean © piercing after care spray
    - i. Follow manufacturer's recommended usage for after care.

\*If ear is pierced with barbell:

- a. Push jewelry up gently to clean bar (after crusted matter is removed). Then push down gently to clean the other end of the bar.

\*If pierced with a hoop;

- a. Clean jewelry thoroughly then rotate to clean entire ring.

3. It is rare but ear lobe piercings sometimes develop a bump around the entrance or exit holes. If this occurs, use a warm compress for 15-30 minutes 3-4 times per day, until bump is gone.
4. Body fluids team with bacteria; keep them out of your new piercing.
5. Avoid bodies of water such as; pools, lakes, oceans, rivers, and hot tubs until piercing is healed.
6. Keep hairspray, make-up, facial cleanser, body gels, body fluids, etc. away from new piercing.

**DO NOT REMOVE JEWELRY DURING THE HEALING PROCESS.**

- Ear lobe piercings initially heal in 6-8 weeks. After this period, temporary removal may be possible.
- Permanent healing may not occur for 1-3 years.

The better you take care of your body, the faster and better you will heal. Remember: after the healing is complete, cleaning your jewelry with soap and water is an on-going process.

**If you have any questions, concerns, or problems please stop in, email us ([tankstat2@hotmail.com](mailto:tankstat2@hotmail.com)), or call us (218-498-2600) immediately.**

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